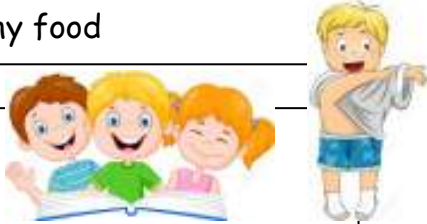


Physical Development

Health and Self Care -

- Encourage your child dress and undress themselves
- Encourage your child to brush their teeth.
- Talk about healthy food



Literacy

Reading

- Share a book before bedtime
- Talk about everyday print/packaging
- Find familiar print e.g. letters from your name.

Writing

- Help write a shopping list
- Crazy pens in the bath.
- Chalk on paving



Religious Education

Talk to your child about how you chose their name

Discuss why you have a surname and why it is special.

Talk about the different members of the family and their roles.



Physical Development

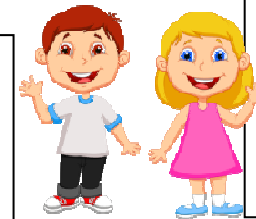
Moving and Handling

- Encourage your child to use scissors and pencils.
- Encourage to ride their bike or scooter etc...
- Practise skills such as running, skipping, jumping.



OURSELVES

How you can help at home



Communication and Language

- Talk to your child about what they can see in their environment
- Play a board game together
- Play I Spy games.



Mathematics

- Counting forwards and backwards going up and down the stairs.
- When out and about talk about numbers they can see, e.g. door numbers, car registration plates
- Counting numbers of hops and jumps.

Personal, Social and Emotional Development

- Talk to your child about their day in school.
- Talk about their likes and dislikes.
- Complete Home/School link book about their family.
- Share a photograph of their family
- Bring in a baby photograph

