



St Leo's and Southmead
Catholic Nursery and Primary
School

Year
Two

Design Technology Knowledge Organiser

Summer
Term



Key Concepts

- A sandwich is an item of food with fillings enclosed between two pieces of bread.
- There are many different types of sandwiches.
- There are five main food groups: fruit and vegetables, Carbohydrates, Proteins, Dairy and fats and sugars.
- In order to stay healthy it is important that we eat a balanced diet of foods from each of the five food groups.
- To know where and how a variety of ingredients are grown, reared, caught and processed.
- Taste a selection of breads and other ingredients in order to select those to be used in the final product.
- A design is a plan or drawing of something that you intend to make.
- To design a sandwich including using foods from at least three different food groups.
- Washing hands with warm water and soap should be done before, during and after preparing food.
- Choose the right equipment to chop, grate, slice, spread the ingredients selected.
- Evaluate the sandwich created against the design criteria.

SANDWICHES

Skills

- To design a sandwich based upon a design criteria.
- To choose appropriate materials and tools from a wide range available needed to make a sandwich.
- To understand the need for a variety of food in a diet.
- To use a wide range of cookery techniques to prepare food safely.
- To evaluate designs and sandwiches created describing likes and dislikes and areas for improvement.



Curriculum Links

Literacy Link: The children will use books and websites to research ingredients needed to create a wide varieties of sandwiches.

Computing Link: The children will use the internet to research sandwich on sale in shops, cafes and restaurants looking at both the cost and ingredients used.



Art Link: The children will use drawing and sketching skills to design their sandwich.

Amazing Activities

To visit Tesco and learn how different types of bread are made in store.



Key Vocabulary

Key Vocabulary	Definition
Balanced diet	A diet consisting of a variety of different foods
Bread	Food made from flour, water and yeast mixed together and baked.
Chop	To cut something into pieces
Cut	Divide into pieces using a knife or other sharp object
Diet	The food and drink usually eaten or drunk by a person
Grate	To reduce an object into small shreds using a grater
Healthy	Good for your health
Ingredients	The food items combined together to make a particular dish
Meat	Flesh of an animal used for food
Peel	To remove the outer coverings or skin on fruit or vegetables
Sandwich	An item of food with two or more pieces of bread with fillings in the middle
Slice	A flat or thin piece of food that has been cut from a larger piece.
Vegetable	A plant or part of a plant used for food